

4th Week of January
Jesus, the Bread of Life

- **Text:** John 6:47~51 (January 21 text)
- **Bottom line:** Jesus gave His flesh and blood to give us eternal life.

1. Prayer

God, let go of your busyness and come to You. Help us to remember that we are fragile beings who can do nothing without God, and to cherish our worship time.

2. Praise

(Worship and praise) Glory to the great Lord.

3. The Word

Read John 6:47~51 together (read the verse three times).

* Reading the Word over and over again in different translations will help you to deepen your understanding of the material.

<ESV>

⁴⁷ Truly, truly, I say to you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh."

<NASB>

⁴⁷ Truly, truly, I say to you, the one who believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down out of heaven, so that anyone may eat from it and not die. ⁵¹ I am the living bread that came down out of heaven; if anyone eats from this bread, he will live forever; and the bread which I will give for the life of the world also is My flesh."

Understanding Text

There is life in Jesus (1:4). That is why "I am the bread of life." (verse 48). The bread that Jesus gives refers to His flesh (body) that gives life to the world. Believing in Jesus, who died on the cross for us, is eating the bread of life. Whoever believes in Jesus will have eternal life.

Understanding the text for leaders

Jesus performed a miracle on the other side of the Sea of Tiberias. Many people gathered to see the miracles that Jesus performed, but what Jesus really wanted to tell them was about the bread that gives eternal life. People were only interested in working for the belly of the flesh. Jesus told us to work for food that would remain for eternal life, not for food that would perish. Then the crowd demanded that if Jesus was the Messiah, He would prove that He did something greater than Moses feeding the manna in the wilderness (6:31~32). Jesus said, "I am the living bread that came down from heaven" (verse 51). All those who ate the manna in the wilderness died, but those who believe in Jesus, the living bread that came down from heaven, will live forever. The bread that Jesus gives refers to His flesh that gives life to the world. This refers to Jesus' future suffering on the cross. It means that He died on the cross for us, sinners, and gave His own flesh and blood, so that He could pay the penalty for all our sins and save us from sin and death. To eat Jesus, the bread of life, is to believe in what Jesus has done for us. He told us that if we believe in Jesus, we will be forgiven of all our sins and enjoy eternal life in heaven.

4. Sharing

1) What happens if you eat (believe) in Jesus, the "bread of life"? (verse 51) What does bread refer to here?

Upper Grades

What did Jesus say would happen if we ate Jesus, the bread of life? (Verses 50~51)

Lower Grades

What happens when you eat Jesus, the bread of life? (verse 50).

Question Guide

Take a look at Jesus' expression 'I am ...'. And notice the expression to eat Jesus, the bread of life. Bread is to eat. Just like the parable of how we gain life by eating Jesus, we must be able to accept the fact that we receive life through faith in Jesus.

Comments for Leaders

Jesus said, "I am the bread of life." He said. The bread here refers to the flesh (body) of Jesus, who gives life to the world. This is connected to Jesus' death on the cross to take our sins, His flesh being torn and His blood shed. He promised us eternal life just by believing in Jesus, who sacrificed himself for us. The expression "eat" can be seen as meaning "to receive," and in John 1, "receiving" and "believing" are connected (1:12). We are saved from our sins by faith and have eternal life. Confessing and believing in Jesus, who died on the cross and was resurrected, as our Lord is the core of the Christian faith. I hope it will be a time to check once again whether such a confession is at the center of our life of faith.

2) Who introduced me to Jesus? Write down the people who will introduce you to Jesus, who gives eternal life, and make it your prayer theme for the year.

■ **Upper Grades**

Who are your family, relatives, or friends that you would like to share Jesus with?

■ **Lower Grades**

If you have a family member, relative, or friend who doesn't know Jesus yet, you can say, "Let's believe in Jesus together!" Please tell me.

□ **Question Guide**

Let your family, relatives, friends, and neighbors who don't know Jesus know that we have a mission to share the life Jesus has given us. Write down the names of whom you will share Jesus with who gives eternal life throughout the year. Then share ideas on how to share Jesus. Whenever you meet for family worship, have a list of evangelists and pray together.

□ **Comments for Leaders**

The reason why we believe in Jesus and become God's children is because someone preached the gospel to us. Preaching that Jesus saved us and gave us eternal life has been passed on through many people over the past 2,000 years. Not only do we confess and thank Jesus for believing in Jesus and we have eternal life, but we also need to remember that we have a mission to share the gospel with others. The wonderful news of salvation that Jesus gives us eternal life must continue to come through our lips.

≡ **5. Be grateful**

Thank God for giving us eternal life.

≡ **6. Prayer**

God! Thank you for believing in Jesus and giving me eternal life. May we never be satisfied with knowing and enjoying eternal life only for myself, but make an effort to share it with others.

- End the family worship service with the "Lords Prayer"