

## I. Introduction

Everyone, to some extent, carries wounds of the heart. (Neil Anderson)

The root of bitterness prevents us from reaching grace and causes trouble. (Hebrews 12:15)

Reflections while listening to “Thorn Tree,” a song written by poet and pastor Ha Deok-gyu.

## II. Main Body

Three Representative Emotional Wounds That Deeply Trouble People

Unfair Treatment or Dysfunctional Environment

Unfair Treatment - When one experiences unjust acts such as cursing, assault, verbal abuse, discrimination, contempt, anger, or sexual violence, one suffers deep wounds that are hard to heal.

Dysfunctional Environment - Living amid poverty, hunger, war, disease, drugs, gambling, violence, or corrupting media (music or movies) can also wound the heart and cause deep suffering.

A story shared by a pastor in Busan:

Wounds received during childhood—before one’s character is fully developed and inner resistance is formed—are hard to distinguish from one’s personality and difficult to heal. The Holy Spirit must bring that healing.

### Guilt

Guilt is the feeling of responsibility for one’s mistakes or sins.

Proper guilt can lead to repentance, which is good.

However, to suffer from guilt even after being forgiven shows a lack of trust in God.

Guilt means remembering what God no longer remembers.

Guilt means refusing to forgive oneself for what God has already forgiven.

If the prodigal son had not believed in his father’s forgiveness...

If David or Paul had not trusted in God’s forgiveness...

### Inferiority Complex

An inferiority complex is an issue related to one’s identity.

To overcome it, we must know what God has said about us.

The world’s view of us is not the truth.

Daily pray and confirm who you are according to Scripture.

## III. Conclusion

Jesus came into the world to heal us. (Isaiah 53:5; 61:1-3)

The inner healing and strengthening of our souls is the work of the Holy Spirit. (Ephesians 3:16)

Let us recognize the wounds in our hearts and ask the Holy Spirit for healing.

May our inner selves be strengthened day by day and grow in spiritual maturity.

**Bible  
Memorization**

**A VERSE FOR THIS WEEK**

“that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being.” (Ephesians 3:16 ESV)

**Bible  
Reading**

10/27(Mon)	10/28(Tue)	10/29(Wed)	10/30(Thur)	10/31(Fri)	11/1(Sat)	11/2(Sun)
Mark 13-14	Mark 15-16, Luke 1	Luke 2-3	Luke 4-5	Luke 6-7	Luke 8-9	Luke 10-11

**QT**

**Quiet Time Passage**

10/27(Mon)	10/28(Tue)	10/29(Wed)	10/30(Thur)	10/31(Fri)	11/1(Sat)	11/2(Sun)
Zech. 12:1-14	Zech. 13:1-9	Zech. 14:1-8	Zech. 14:9-15	Zech. 14:16-21	2 Tim. 1:1-8	2 Tim. 1:9-18

**Sharing  
Questions**

1. Among today's sermon points, what touched or blessed your heart the most? Share one thing with the group.
2. Have you ever been wounded by unfair treatment or a dysfunctional environment in the past? If you've experienced healing, please share it. (If it's difficult to share, you don't need to.)
3. God forgives all our mistakes, wrongdoings, and sins when we repent. How free do you feel from guilt?
4. Everyone has some degree of inferiority. The pastor shared his own past struggles with it. How can we overcome inferiority according to the message?