

To live a blessed life as God desires and to win spiritual battles, Christians must pray. Are you truly praying in your daily life? Can you say that your prayers are alive? If so, how can we pray in a way that ensures victory in spiritual battles and brings about the blessings and fruits that God wants?

First, Pray in the Spirit (Verse 18)

In verse 18 of today's passage, the Bible emphasizes prayer and specifically instructs us on how to pray: "Pray in the Spirit on all occasions with all kinds of prayers and requests." There are various types of prayers, but we must pray in the Spirit in all our prayers. The Holy Spirit is the source of all power. No matter how fervently we pray, if we do not pray in the Spirit, our prayers cannot reach God or approach Him correctly. Even if we use beautiful phrases and pray in a well-structured manner, if it is not done in the Spirit, it is meaningless and powerless. The Holy Spirit must guide our prayers, pave the way, and lead us as we follow the Spirit in prayer. Such prayers have the power of repentance. Through these prayers, God's will is established, evil spirits are defeated, and victory is achieved.

Second, Pray Vigilantly (Verse 18)

When the devil attacks believers, families, and churches, he aims to put our prayers to sleep. The devil wants us to be spiritually asleep and not to pray. Therefore, to destroy believers and churches, he puts our prayers to sleep. Continuing with verse 18, after urging us to pray in the Spirit, Paul continues, "With this in mind, be alert and always keep on praying for all the Lord's people." The New Revised Standard Version translates this as "Be alert and always keep on praying, persevering." This is because the Greek word translated as "be alert" can also mean to persevere or strive. Prayer requires effort and perseverance. We can pray once or for a short while, but to pray vigilantly in the Spirit requires effort and patience. May this be a precious time where your prayers awaken, in the name of the Lord.

Third, Pray for Others (Verses 18-20)

Praying "for others" is called intercessory prayer in the New Testament, known today as intercessory prayer. For us to win with prayer and live a blessed life as God desires, praying for others is essential. When we pray for others, someone will also pray for us. When we pray for one another, the fire of prayer ignites. From the latter part of verse 18 through verses 19 and 20, Apostle Paul asks, "Pray for all the Lord's people. Pray also for me." Paul asks the Ephesian church to pray for one another.

**Bible
Memorization**

A VERSE FOR THIS WEEK

“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”
(Ephesians 6:18)

**Bible
Reading**

6/10(Mon)	6/11(Tue)	6/12(Wed)	6/13(Thur)	6/14(Fri)	6/15(Sat)	6/16(Sun)
Nehemiah 11-12	Nehemiah 13, Esther 1-2	Esther 3-7	Esther 8-10, Job 1	Job 2-6	Job 7-10	Job 11-15

QT

Quiet Time Passage

6/10(Mon)	6/11(Tue)	6/12(Wed)	6/13(Thur)	6/14(Fri)	6/15(Sat)	6/16(Sun)
1 Peter 5:8-14	2 Peter 1:1-11	2 Peter 1:12-21	2 Peter 2:1-11	2 Peter 2:12-22	2 Peter 3:1-9	2 Peter 3:10-18

**Sharing
Questions**

1. Share any new insights or blessings you received from today's message.
2. Among the three types of prayers discussed in today's sermon, which one challenges you the most and why?
3. Reflect on your prayer life and share specific ways you plan to improve your prayers.