

The Bible is filled with teachings about the heart. Salvation is received by believing with the heart, and the life of faith begins with the renewal of the heart. The Beatitudes are about the heart, as are the parable of the soils and the fruit of the Spirit. All kinds of thoughts come from the heart, and a person's thoughts reveal who that person truly is (Proverbs 23:7). For the next five weeks, I will be preaching a series titled "By the Renewal of Your Mind."

When we manage our hearts well, we learn to speak well, and as a result, we can manage our lives well. When we manage our hearts well, we develop good thoughts, and thus our lives are managed well.

First, the answer of the tongue comes from the Lord.

Though humans speak, it is God who acts according to what He hears (Numbers 14:28). Therefore, we must speak words that please God. This is why Joshua commanded the Israelites to remain silent when they marched around Jericho (Joshua 6:10). God hears all our words, records them, and will judge them (Malachi 3:16; Matthew 12:36). Since our words flow from what fills our hearts, speaking rightly cannot be achieved by determination alone (Luke 6:45). Thus, the heart is essential if we are to speak words that please God.

Second, renewing the heart means managing the heart.

Managing the heart means intentionally guiding it to align with God's Word and will. David did this in the cave of En Gedi. He also did so when he fled from Absalom's rebellion and responded graciously to Shimei, who cursed him. Abraham showed the same heart when he humbly yielded to his nephew Lot during their conflict. Joseph also revealed a well-managed heart in his gracious response to the brothers who sold him into slavery. Successfully managing one's heart is crucial in the life of faith.

Managing the heart also means guarding oneself against the evil thoughts of Satan (Proverbs 4:23). David's sin with Bathsheba is a clear example of what happens when the heart is not guarded. The same is true of Judas Iscariot, who betrayed Jesus. As you go through life, how will you guard your heart?

**Bible
Memorization**

A VERSE FOR THIS WEEK

“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.” (Romans 12:2)

**Bible
Reading**

10/6(Mon)	10/7(Tue)	10/8(Wed)	10/9(Thur)	10/10(Fri)	10/11(Sat)	10/12(Sun)
Micah 3-7	Nahum 1-3, Habakkuk 1-2	Habakkuk 3, Zephaniah 1-3	Haggai 1-2, Zechariah 1-2	Zechariah 3-8	Zechariah 9-13	Zechariah 14, Malachi 1-3

QT

Quiet Time Passage

10/6(Mon)	10/7(Tue)	10/8(Wed)	10/9(Thur)	10/10(Fri)	10/11(Sat)	10/12(Sun)
Romans 14:1-12	Romans 14:13-23	Romans 15:1-13	Romans 15:14-21	Romans 15:22-33	Romans 16:1-16	Romans 16:17-27

**Sharing
Questions**

1. From today's message, what part touched you the most, and what would you like to apply to your own life?
2. God said, “As surely as I live, declares the Lord, I will do to you the very thing I heard you say.” Share one example of how your words of faith, grace, or gratitude have come to pass. Also, reflect on and evaluate your use of language.
3. The pastor emphasized that the Bible is truly a book about the heart and highlighted its importance. Share one thing you have realized or experienced that shows how important the heart is.
4. The pastor said that renewing the heart means managing it—intentionally leading it according to God's will and Word. Share one example from your life where you have succeeded or failed in managing your heart.