

In today's passage, Apostle Paul talks about how saved Christians must grow. The phrase "we all" in verse 13 means "all of us," indicating that everyone in the Ephesian church, including Apostle Paul, must grow without exception. And through today's passage, he teaches us how we should grow in faith.

As we examine today's passage more closely, let us explore together what is necessary for our faith to grow, and let us all grow into the likeness that the Lord desires.

Firstly, we must clearly understand the goal of spiritual maturity (verses 13, 15).

In today's passage, it is made clear what the goal of Christian maturity is. Look at verses 13 and 15. "until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ" and "speaking the truth in love."

If the purpose is not clear, we often falter and fail to grow. Therefore, even in verse 14 of today's passage, it says, "Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming."

The ultimate goal of our faith is not something we determine. For the saved Christian, the purpose of faith is not self-determined. It is the purpose for which God called me, the purpose for which Jesus died for me, and the hope that the Holy Spirit has in me that becomes the purpose of my faith.

So why did God choose and call me? Why did Jesus die for me? What does the Holy Spirit want within me right now? He wants us to know Jesus more, to have a closer relationship with Jesus, to love Jesus more, and to become more like Jesus.

To truly grow spiritually, it is necessary to kill pride, ego, and self, and through obedience training, we can mature, becoming more like Jesus.

Secondly, we must be transformed into the language of the mature (verse 15).

If you look at verse 15 of today's passage, it talks about what is needed to live a life of mature faith. "Instead, speaking the truth in love." The Greek word translated as "speaking the truth" is "aletheuontes," which is the present participle of "aletheuo," meaning "to speak truth." Considering that language is probably the most important aspect of our faith life, this expression seems appropriate.

Mature Christians of faith should have truth and love in their speech and actions. Jesus is full of truth and grace (John 1:14). Jesus spoke and acted with truth and love. The cross shows how full Jesus was of truth and love. Therefore, those who are striving for mature faith, becoming like Jesus, must speak and act with truth and love.

Thirdly, we must grasp the source of change (verse 15 onward, 16).

What we must finally understand in the maturity of faith is that we must grasp the source of growth for the growth of faith. For true transformation to occur in the Christian life, there must be a source that can transform us, and only by holding onto this source can faith grow (verse 15, latter part, 16). When Jesus becomes our master, and when we follow Jesus, Jesus becomes the source of our maturity.

John 15:5 says, "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." By abiding in Jesus Christ, entering into Christ, establishing a right relationship with Jesus, accompanying the Holy Spirit within us in our daily lives, and following His will with His power, we can become mature Christians.

**Bible
Memorization**

A VERSE FOR THIS WEEK

“Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.” (Ephesians 4:15)

**Bible
Reading**

4/8(Mon)	4/9(Tue)	4/10(Wed)	4/11(Thur)	4/12(Fri)	4/13(Sat)	4/14(Sun)
1 Sam 19-20	1 Sam 21-23	1 Sam 24-25	1 Sam 26-29	1 Sam 30-31 2 Sam 1	2 Sam 2-4	2 Sam 5-7

QT

Quiet Time Passage

4/8(Mon)	4/9(Tue)	4/10(Wed)	4/11(Thur)	4/12(Fri)	4/13(Sat)	4/14(Sun)
1 King 2:36-46	1 King 3:1-15	1 King 3:16-28	1 King 4:1-19	1 King 4:20-34	1 King 5:1-18	1 King 6:1-13

**Sharing
Questions**

1. Share something new you realized or received grace through in today's passage.
2. Share what you need to become more like Jesus and mature in faith.
3. Reflect on what it means to speak the truth in love to others and how you can practically implement it.
4. Let's pray for each other's faith growth.